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CHILDREN'S MUSEUM EXHIBIT GETS KIDS MOVING

"Slide & Slide Sock Skating" Counters Year of Screen Time

Visitors to Long Island Children's Museum this summer will have the chance to stretch, flex and move after months of extended screen time. **"Slip & Slide Sock Skating"** has taken up residence for the summer and provides an opportunity for children to get in some fun exercise and move muscles that haven't had as much activity over the past school year.

Just toss off your shoes and get ready to spin and glide around the "ice." All children (and adults) need are their socks to slide into a summer of fun! Forgot your socks? Don't worry, just pull on a pair of disposable booties over your shoes and you're ready to take to the "ice." **Slip & Slide Sock Skating** is free with Museum admission.

"We wanted to bring in an exhibit that could help address the loss of physical activity for a lot of us over the past year," says Aimee Terzulli, LICM Director of Education. "Moving our bodies is a natural way to learn known as *kinesthetic learning*," she explains. "It's an important tool to develop fine and gross motor skills."

Instead of ice, the LICM indoor rink is made from a high-tech synthetic polymer surface that lets kids slide along the slippery surface without blades, runny noses or cold hands. The atmosphere on the 800-sq-foot rink is enhanced by color light displays and popular music.

Major exhibit support for **Slip & Slide Sock Skating** has been provided by Rechler Philanthropy and Engel Burman. Additional exhibit support has been provided by NYCB Live, B&B Signature Company, E&Y, Herrick, Feinstein LLP, People's United Bank, Difazio Power & Electric LLC, Farrell Fritz, Friedman LLP, Lazer, Aptheker, Rosella & Yedid, P.C, The LiRo Group, Local 94 and Makena Capital Management.

Fitness Fun Off the "Ice"

LICM is adding programming to complement its summer exhibit with the launch of a weekly "Fitness Friday" workshop. Visitors can join in the free workshop, which will be offered on the "rink" every Friday from 11:30 am. – noon. Each week LICM will introduce a new, simple workout that will challenge visitors to move their bodies in a fun and exciting way.

All activities are held at the Long Island Children's Museum, 11 Davis Avenue, Garden City, NY. For the safety of our visitors, Adults are not permitted in the Museum without children; Museum visitors under 18 years of age must be accompanied by an adult at all times.

Museum Summer Hours: Tuesday-Sunday from 10 am.-3 p.m. Museum admission: \$14 for adults and children over 1 year old, \$13 seniors, FREE to museum members and children under 1 year old. Additional fees for theater and special programs may apply. For additional information, contact 516-224-5800.

About the Long Island Children's Museum

The mission of Long Island Children's Museum is to connect all our communities' children, and those who care for them, to a life of wonder, imagination and exploration. At LICM, children discover their passions and their relationship to the world we share. The 40,000-square-foot museum welcomes nearly 275,000 children and annually. The private, not-for-profit institution chartered by the New York State Board of Regents, offers museum-based educational programs and cultural experiences, as well as an extensive community outreach program offered in schools, libraries and youth centers across Long Island. The Museum is the recipient of the 2012 National Medal for Museum & Library Service, the highest honor conferred on museums for extraordinary civic, educational, economic, environmental, and social contributions.